

+

**École St. Paul**  
 429 Ross Haven Drive  
 Fort McMurray,  
 Alberta  
 T9H 3P3  
 780-799-5760

1 <sup>st</sup> bell	8:50	EEP/Premiers Pas	
2 <sup>nd</sup> bell-Classes start	8:55	Morning Group	8:50 - 11:45
Nutritional Break	11:05 – 11:20	Afternoon Group	12:40 - 3:30
Recess	11:20 – 11:35	Kindergarten	
Nutritional Break	1:35 – 1:50	Morning Group	8:50 – 11:45
Recess	1:50 – 2:05	Afternoon Group	12:40 – 3:30
Classes Resume	2:05 – 3:35		

## Principal's Message

Bonjour and hello to all our École St. Paul School families! I feel blessed to be starting my sixth year as Principal at this very wonderful school! Our school continues to grow and flourish! We warmly welcome several new teaching staff - Mr. Edwards returns to École St. Paul as our grade two French Immersion teacher, Ms. Elizabeth Hamlyn returns to us to teach in EEP and Enhanced Kindergarten as does Ms. Stacy Chard in English Kindergarten and Enhanced Kindergarten. New to the school are Mme Anne Marie Langdon in grade 4 French Immersion, Mme Campbell in grade one French Immersion, Mrs. Shailaja Nagulapally in grade two English and Mme Paula Kuzmic in Premiers Pas.

Here are a few important dates to highlight:

- Sept. - 13 Meet the Staff night beginning at 6:30 p.m. in the gym.
- Sept. - 18 Parent Teacher Council Meeting at 7:00 p.m. – babysitting will be provided
- Sept. - 21 Opening Liturgy in the school gym at 2:30 p.m. Parents are welcome.
- Sept. - 26 Leadership Assembly at 2:30 p.m.
- Oct. - 2 Lifetouch School photos

I encourage all parents be involved in our Parent Teacher Council by either signing up as a Classroom Rep and or by attending the monthly meetings. Babysitting will always be provided and meetings are informative. We are very grateful to our Parent Teacher Council who have purchased school agendas for students. Please take a look at the insert at the front of the Agenda for more school information.

Classroom teachers have introduced the Student Code of Conduct. We believe that students need clear and concise expectations presented to them and then reminded regularly until it becomes habit. Coming home with your child(ren) for you to read and sign and return to school is the Student Code of Conduct, it is a green sheet. Please look for it!

Please visit our District webpage at [www.fmcsd.ab.ca](http://www.fmcsd.ab.ca) as well as clicking onto our new school webpage. Once we are trained in adding to the new website, our school calendar of events with all important dates and activities for the coming year will be posted. Please check back soon!

If at any time you have questions or concerns, please feel free to meet with me at the office. We will work together in the best interest of our children! Have a great month of September!

Claudette Fidler, Principal

## 2017/2018 Year End Honor Roll



5S
Danielle Oke
Armya Benjameen
Madison Finlayson
Halla Petipas

5/6M
Cianna Church
Madison Brown
Yzel Malificiar
Mark Capanzana
Ivan Verano
Mandla Youleao-Mbomba
Avyn Holloway-Poirier

6P
David Benjameen
David Chijioke
Demi Demuren
Myra Emblau
Hailey Hollands
Joelle Jack
Brooklyn Muir
Keira Reddy
Gracie Ross
Keira Stevens
Rebekah Yeshaw
Emma Carter

### Important Reminders:

- Please sign in at the office when you enter the building and before going to your child's classroom. Keeping our children safe is our number one concern and we need to know who is in our hallways. If you are volunteering, we will ask that you wear a volunteer lanyard.
- Classes begin at 8:50 for all children. Supervision begins at 8:35 and students may play in the back playground. Please do not drop off your child at school before 8:35 am.



### Attendance and Absences

Please call the office staff with any absences for your child. It is important that you call prior to 9:00am before attendance is taken. If your child is not present and we have not received a call from the parent to indicate an absence, our child check staff will be calling your home to confirm the reason of the absence. You can call our school number 780-799-5760 and leave a message before 8:00am or you can e-mail the teacher to let them know your child will be late or absent

September 2018

## **MOCCASIN NEWS**

**Tansi,**

Welcome Back to school for 2018-2019 school year.

My name is Bev Pierce, Indigenous Liaison. I work Mondays and Wednesdays, and alternating Fridays at St. Paul elementary school. I also work at St. Gabriel elementary school on Tuesdays and Thursdays.

As a Liaison, I am here to support your child and families throughout the year; helping your children and your family with whatever your needs may be.

I'm flexible to meet you at your home, go for a coffee; and you're welcome anytime to come by my office for a visit.

Please don't hesitate to give me a call or drop in to say "Hello".

I can be reached at 780-799-5760 Ext: 5844

### **Is your child of Aboriginal descent?**

Don't forget to identify your child aboriginal heritage on the registration form at your school.

Canada recognizes three groups of Indigenous Peoples:  
First Nations, Metis, and Inuit



Status First Nations (person who is registered under the Indian Act)

Non Status First Nations- (person who is not registered with federal government or not registered to a band)

Metis- Mix of First Nation and European ancestry, who identify themselves as Metis people

Inuit- people from the Canadian Arctic

**On Monday October 1st** our school will be recognizing the awareness of Orange Shirt Day.

### **What is Orange shirt Day?**

Orange shirt day is a legacy of the St. Joseph Mission residential school Commemoration event held in Williams Lake BC 2013.

It grew out of "Phyllis's story having her new orange shirt taken away on her first day of school at the mission, and it has become an opportunity to keep the discussion on all aspects of residential schools happening annually.

This date is chosen this time of year in which the children were taken from their homes to residential school. A day for survivors who attended residential schools to be reaffirmed that THEY MATTER

Those that have been affected MATTER,  
EVERY CHILD MATTERS, even if they are now adults.

Please have your child wear something orange, to help recognize this day.

Ninaskomtin (Thank you)

**All my relations,  
Bev Pierce**

September 2018



## *Counsellor's Corner...*

Hello everyone and welcome to a new school year!

For those of you who are new to St. Paul's School, my name is Mrs. Stryde and I am the counsellor directed to provide mental health support for students as needed. I am looking forward to getting started this year... My role mainly involves providing support for students, teachers and/or parents who have concerns related to students' mental health. I teach lessons in classrooms, run support groups for students with similar needs, and see individual students who require one-on-one counselling support. Counsellors in the FMCS D are offering full time support at each school again this year, so this is great news for programming and providing individual student needs.

I will be teaching the "Zones Of Regulation" program in each classroom again this year. This is a review for most students, so I hope all students will be able to recognize the four zone feeling colours and helpful strategies to practice by the end of October... Ask your child if they remember what the "Zones" are:)

→ September 10th is World Suicide Prevention Day! Please have your child wear yellow to school in support of this campaign. The Canadian Mental Health Association (CMHA) is providing the school with ribbons, posters, and lesson plans on Mindfulness for teachers to encourage a discussion about mental health with their class that day. The title of this campaign for grades K - 3 classes will be: "Wear Yellow for Mental Health".

There are various programs offered from outside agencies that I coordinate with throughout the year as well, such as: Some Other Solutions (SOS), CMHA, Girls Inc., Family and Community Support Services (FCSS) and Mental Health Services. Please let me know if you have any questions about these agencies or if you are interested in seeking support for your child. If you have any questions about counselling services, please feel free to contact me at the school or write an e-mail after hours. I am looking forward to continuing counselling support again this year!

Mrs. J. Stryde,  
Counsellor  
Ecole St. Paul's School  
(780) 799-5760  
[joni.stryde@fmcsd.ab.ca](mailto:joni.stryde@fmcsd.ab.ca)

## Peanut/Nut Codfish and Shellfish Restricted School

Our school is a peanut/nut, codfish and shellfish restricted school as we have many students with life-threatening allergies. We ask that you do not send any products that contain or may contain nuts or peanuts, codfish or any shellfish.

# No Seafood



# Allergies

Allergen Restriction Policies



## Terry Fox Run

Thursday September 27 in the afternoon. Students can donate a toonie for Terry. Division one students will begin walking on the soccer field at 3:10 p.m. Division two students will begin at 3:00 p.m. for a Birchwood Trails walk.



## Indoor/Outdoor Shoes

We ask that students wear their outdoor shoes/boots to and from school as well as during recesses. Indoor shoes need to worn at all times while in the school. They should have a non-scuffing sole. If your child does not yet have their indoor shoes, please make this a priority. Please let me know if we can help if needed.

Thank you, merci!

September 2018

## Ecole St. Paul School Council Information

### The School's Mission Statement:

Together we grow respectfully in our faith, learning and leadership.  
We Are Awesome!

School Council's mission is to support the mission of the school.

The School Council will undertake discussion and activities which enhance student learning and foster the well-being and effectiveness of our school community.

Our School Council consists of 4 executive members, staff and teachers, class parent representatives and parents.

Anyone who attends our meetings will learn valuable upcoming information of what is taking place in our school.

We meet every third Tuesday of each month (except for December)  
Meetings begin at 7:00pm and free babysitting is always provided.

### Our meeting schedule for the 2018/2019 School year is:

September 18th	January 22nd	April 23rd
October 16th	February 19th	May 21st
November 20th	March 19th	June 18th

One main program School Council is responsible for is our grab 'n' go breakfast program which is free to all students and is available daily. We are always actively seeking volunteers to assist with this valuable and essential program each morning.

Weekly we also offer a hot lunch program for purchase, it takes place every Thursday during the first nutritional break. All of the menu items chosen follow our Apple School Guidelines, which are choose most often meals. We are always looking for volunteers to help each Thursday.

Other ways we help support our amazing school is with paper recycling, bottle recycling, reading helpers, library assistance and busy bees (laminating, cutting, gluing jobs etc)

School  
Council

Any Questions? Email Renee Hurley-  
[espschair@gmail.com](mailto:espschair@gmail.com)

School  
Council

Parking and dropping off students must be done safely for all.

Please use the large parking lot when dropping off your child and have your child(ren) walk around to the playground.

If you are dropping off from the Ross haven Drive road (adjacent to the bus loop) it must only be a drop off; parents cannot leave their vehicle to bring their children in. Please note, Bylaw will be monitoring this.

## School Fees

The 2018/2019 school fees are as follows:

EEP/PP fees: \$500 depending on EYE Assessment

Effective for the school year 2018/2019, the basic supplies and material fees are cancelled and will no longer be charged to parents grade K-6

Bussing Fees – Please refer to [fmcSD.ab.ca](http://fmcSD.ab.ca), transportation fees under transportation tab for further information.

## Crossing Guards

**There will be a crossing guard at the crosswalk from 8:35 to 8:55 each morning. From 3:35 to 3:50, the crossing guard will be there to assist students.**



## Phone usage:

Students with phone messages will be called down to the office just before lunch and just before final dismissal. Please call before 3:00pm if you want to get a message to your child or to the teacher. In case of emergency, we will try all the phone numbers available and call again. Students are not allowed to have cell phones in the classrooms. Students are allowed to use the classroom phone with the teacher's permission, or use the phone in the office.



September 2018

## PICKING UP STUDENTS

Always communicate to the teacher of any changes to your child's routine for the day. To pick up your child for appointments and earlier dismissal, please stop by the office to report that you have arrived. Your child will then be asked to come to the office for his/her pickup. Please do not go directly to the classroom as this disrupts teaching.

## AT THE END OF THE DAY

All students must use their exit door whether they are walking home, taking the bus or being picked up by a parent.

Parents can meet their child(ren) by their exit door or at the front of the school

Merci!



## BUSSING EXPECTATIONS

It is vital that each student be at his/her designated stop at least 5 minutes in advance in order to avoid causing delays. The bus driver may not be able to wait which will then mean that you will have to drive your child to school.

Remember that bus drivers follow their company's protocols so please call their office if problems arise (780-790-3960).

Please assure that there is someone to meet your child at his/her stop at the end of the day if they are in the earlier grades. Kindergarten students are required to have someone at the stop. A written permission note from the parent is required if your child is to be picked up at school instead of taking the bus. If we do not have a note or a phone call the student will be sent home on the bus. Bus rules need to be followed strictly in order to ensure safety for all students. A student who is on the bus continues to be the responsibility of the school under the School Act. Bussing is a privilege and students can be detained from using the bus if behavior is disruptive.





September 2018

## Message from Sparksman:

### Safety is our number one priority

Student safety is our number one priority and ensuring that students get from home to school and school to home is of the utmost importance.

You are able to check for late busses or signup to receive direct e-mails about your school bus for St. Paul School

For temporary route changes or schoolbus delays, please visit My School Bus Monitor <http://www.myschoolbusmonitor.ca>

For direct e-mails sign up by going to web site:

[sparksman.ca](http://sparksman.ca)

choose – Services

then choose schoolbus

Fill in your information to receive direct e-mail

**We encourage our staff and students to eat healthy snacks and lunches as per Operating Policy 138 for Healthy Schools. Information is also shared in the agenda insert.**

**Our Parent Council will continue to organize a hot lunch program on Thursdays. These meals meet the requirements for our Choose Most Often food list. The Hot Lunch Program begins September 20.**



## School Yard Supervision

School staff members are the only adults that supervise the school ground during recesses. Staff has been advised to approach each parent or stranger that may be present on the school grounds. The person will be directed to report to the school office or to leave the school grounds. This is a precautionary measure to ensure child safety.

Students are reminded to report any stranger to the office. Please remember that a parent to one child is a stranger to all other students.

# A Bite of Health



As an APPLE School, we strive to build a healthy school community, focusing on improving students' healthy eating, physical activity, and mental health habits.

This month, students are taking part in a campaign called What is a Healthy School? Here is a summary of the learnings.

## What is a Healthy School Community?

Healthy school communities promote wellness and strive to create environments that foster lifelong health and overall well-being. The approach used to create active, healthy school communities is an internationally recognized framework called **Comprehensive School Health**.

### Healthy kids learn better and achieve more

Children with nutritious diets and recommended physical activity levels show better academic results. Healthy habits learned early in life often translate to a lifetime of healthy living.<sup>1</sup>



### Pillars of a healthy school community

The three pillars of an APPLE School focus on positive social behaviour, physical activity, and healthy eating. All three are infused into day-to-day life at school through various initiatives.

The World Health Organization identified these three pillars as qualities of the most effective school-based health promotion programs for changing behaviour.

### What is APPLE Schools?

Our school works with APPLE Schools to build a healthy community. The organization strives to inspire and empower school communities to be leaders in their journey to health by recommending and supporting evidence-based, sustainable changes. Go to [appleschools.ca](http://appleschools.ca) to learn more.

<sup>1</sup> <http://www.jcsh-cces.ca/index.php/about/comprehensive-school-health>



For more information about APPLE Schools, visit [www.appleschools.ca](http://www.appleschools.ca)



September 2018

~ September 2018 ~				
Mon	Tue	Wed	Thu	Fri
<b>3.</b> Labour Day	<b>4.</b> 1 <sup>st</sup> Day of school for Gr 1-6	<b>5.</b> Staggered Entry for EEP and K	<b>6.</b> Staggered Entry for EEP and K	<b>7</b> Staggered Entry for EEP and K
<b>10</b> 1 <sup>st</sup> Day of school for Kinder	<b>11</b>	<b>12</b> First Day for EEP and PP	<b>13</b> Meet the staff night 6:30 – 8:00 Hot Lunch orders due Milk program orders due	<b>14</b> No School
<b>17</b>	<b>18</b> PTC Meeting 7 p.m.	<b>19</b>	<b>20</b> Hot Lunch begins Boston Pizza	<b>21</b> Opening Liturgy 2:30 p.m.  Popcorn Friday
<b>24</b> Milk Program begins	<b>25</b>	<b>26</b> Leadership Assembly 2:30 p.m.	<b>27</b> Jugo Juice  Terry Fox Run	<b>28</b> No School

**Note:**

- October 1 – Orange Shirt Day
- October 2 – Lifetouch Pictures